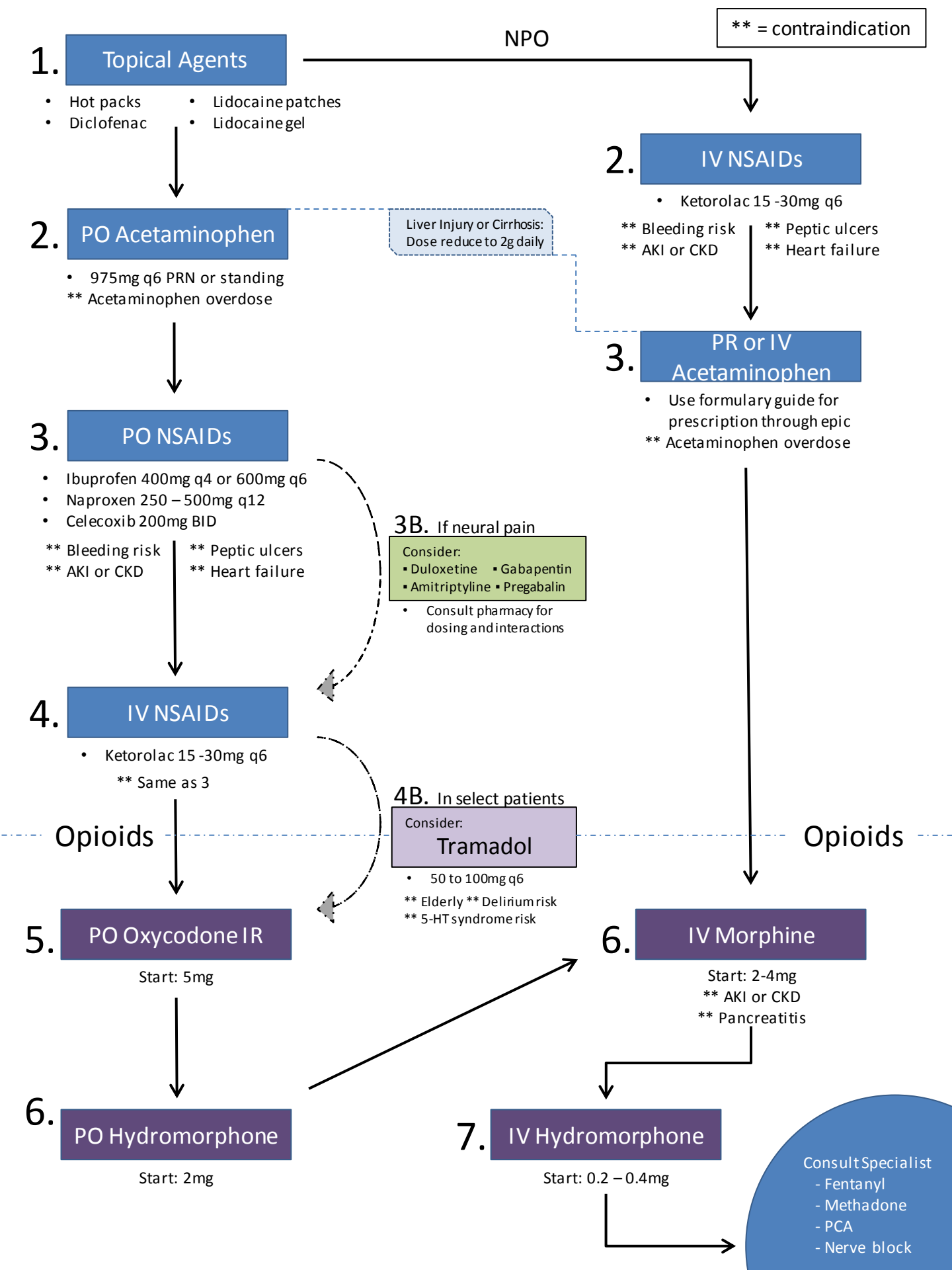
** = contraindication
1. Topical Agents
• Hot packs
• Diclofenac
• Lidocaine patches
• Lidocaine gel
NPO
2. PO Acetaminophen
• 975mg q6 PRN or standing
** Acetaminophen overdose
Liver Injury or Cirrhosis:
Dose reduce to 2g daily
2. IV NSAIDs
• Ketorolac 15 -30mg q6
** Bleeding risk
** AKI or CKD
** Peptic ulcers
** Heart failure
3. PR or IV Acetaminophen
• Use formulary guide for prescription through epic
** Acetaminophen overdose
3. PO NSAIDs
• Ibuprofen 400mg q4 or 600mg q6
• Naproxen 250 – 500mg q12
• Celecoxib 200mg BID
** Bleeding risk
** AKI or CKD
** Peptic ulcers
** Heart failure
3B. If neural pain
Consider:
▪ Duloxetine ▪ Gabapentin
▪ Amitriptyline ▪ Pregabalin
• Consult pharmacy for dosing and interactions
4. IV NSAIDs
• Ketorolac 15 -30mg q6
** Same as 3
4B. In select patients
Consider:
Tramadol
• 50 to 100mg q6
** Elderly ** Delirium risk
** 5-HT syndrome risk
Opioids
Opioids
5. PO Oxycodone IR
Start: 5mg
6. IV Morphine
Start: 2-4mg
** AKI or CKD
** Pancreatitis
6. PO Hydromorphone
Start: 2mg
7. IV Hydromorphone
Start: 0.2 – 0.4mg
Consult Specialist
- Fentanyl
- Methadone
- PCA
- Nerve block